# THE INDIVIDUAL ERGODIC THEOREM FOR *p*-SEQUENCES

#### BY

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#### ABSTRACT

Let  $(\Omega, \mathcal{F}, P)$  be a probability space and let T be a measure-preserving weak mixing transformation. We define a large class of sequences of integers called p-sequences, such that if  $f \in L_1$  there exists a set  $\Omega' \subset \Omega$  of probability one and for  $\omega \in \Omega'$  we have

$$\lim_{n\to\infty}\frac{1}{n}\sum_{j=1}^n f(T^{k_j}\omega) = \int_{\Omega} f(\omega)\mu(d\omega)$$

for every *p*-sequence  $\{k_n\}$ .

## Preliminaries

Let G be a locally compact abelian group and let  $\hat{G}$  be its dual, i.e.  $\hat{G}$  is the collection of continuous homomorphisms from G to the complex unit circle C, endowed with the topology inherited from G. Let  $\hat{G}_d$  be  $\hat{G}$  with the discrete topology. Then  $\hat{G}_d = \bar{G}$  is called the Bohr compactification of G.  $\bar{G}$  is a compact group such that G is a dense subset of  $\bar{G}$  and with m being Haar measure on  $\bar{G}$  we have m(G) = 0. Now let  $\{\mu_n\}_{n=1}^{\infty}$  be a sequence of probability measures defined on the Borel sets of  $\bar{G}$ . In an obvious way we may consider each  $\mu_n$  as a measure on the Borel sets of  $\bar{G}$ . We shall call such a sequence  $\{\mu_n\}$  ergodic if  $\lim_n \mu_n = m$  weakly, i.e. if for every continuous function f defined on  $\bar{G}$  we have

$$\lim_{n}\int_{\bar{G}} f(g)\mu_{n}(dg) = \int_{\bar{G}} f(g)m(dg).$$

The terminology arises from the fact that for such sequences one has a generalized mean ergodic theorem. If U(g) is a continuous unitary representation of G on some Hilbert space H, then strong  $\lim_n \int_G U(g)\mu_n(dg) = P$ , where P is the projection on the subspace  $\{f \in H \mid U(g)f = f \text{ for all } g \in G\}$ , as was

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shown in [1]. Now let  $0 \le p \le 1$  and let S be a Borel subset of G. We shall call S a p-set if  $\lim_n \int_{G\chi_S}(g)\mu_n(dg) = P$ , for every ergodic sequence  $\{\mu_n\}$ . While we have been unable to characterize p-sets completely it is very easy to provide examples of them. Let A be a Borel subset of  $\overline{G}$  such that  $m(\partial A) = 0$ , i.e. A is a continuity set for Haar measure. Let  $S = \overline{A} \cap G$ . Then it follows at once that  $\lim_n \int_{G\chi_S}(g)\mu_n(dg) = m(A)$  for every ergodic sequence  $\{\mu_n\}$ . Thus S is a p-set with p = m(A). To construct such a set let B be a continuity set for Lebesgue measure on C, and let  $A = \{g \in \overline{G} | \langle \gamma, g \rangle \in B\}$ , where  $\gamma$  is an arbitrary character of  $\overline{G}$  of infinite order. Then it is not difficult to show that A is a continuity set for m and that m(A) = l(B), where l is Lebesgue measure on C. Finally it is again easy to see that  $S = \{g \in G | \langle \gamma, g \rangle \in B\}$ . When G = Z and  $\alpha$  is an irrational multiple of  $\pi$  we obtain in this way  $S = \{n \in Z | e^{im\alpha} \in B\}$ . Thus S is a p-set with p = l(B).

## **Ergodic theorems**

Now let  $(\Omega, \mathcal{F}, P)$  be a probability space and let T be a measure-preserving transformation of  $\Omega$  into itself. T is ergodic if

$$\lim_{n}\frac{1}{n}\sum_{j=1}^{n}P(T'A\cap B)=P(A)P(B)$$

for all  $A, B \in \mathcal{F}$ , and T is weakly mixing if

$$\lim_{n}\frac{1}{n}\sum_{j=1}^{n}|P(T'A\cap B)-P(A)P(B)|=0.$$

We shall use a remarkable theorem of Wiener and Wintner [4] which we state here.

THEOREM (Wiener-Wintner). Let T be ergodic and let  $f \in L_1(P)$ . Then there exists a set  $\Omega'$  of probability one such that for  $\omega \in \Omega'$  we have  $\lim_{n\to\infty}(1/n)\sum_{j=1}^{n}f(T'\omega)e^{j\alpha}$  exists for all  $\alpha$  with  $0 \le \alpha \le 2\pi$ . If moreover T is weakly mixing then the above limit is zero for  $0 < \alpha < 2\pi$ .

The fact that for each fixed  $\alpha$  there exists a set of probability one for which the limit exists is an immediate consequence of the individual ergodic theorem. The interesting feature of the Wiener-Wintner theorem is that the set of convergence is independent of  $\alpha$ .

Now suppose  $f \in L_1(P)$ . Without loss of generality assume that  $f \ge 0$  and that  $\int_{\Omega} f(\omega) P(d\omega) = 1$ . Suppose T is weakly mixing. It follows from the above theorem that  $(1/n) \sum_{j=1}^{n} f(T'\omega) e^{j\alpha} \to 0$  for  $0 < \alpha < 2\pi$  simultaneously for almost

every  $\omega$ . Pick such an  $\omega$  and define the sequence of measures  $\{\mu_{n,\omega}\}$  on Z by  $\mu_{n,\omega}(j) = f(T'\omega)/n$ , for  $j = 1, \dots, n$  and  $\mu_{n,\omega}(j) = 0$  otherwise. Then the Fourier transform  $\hat{\mu}_{n,\omega}(\alpha) = (1/n)\sum_{j=1}^{n} f(T'\omega)e^{j\alpha}$  and it follows from the above that

$$\lim_{n\to\infty}\hat{\mu}_{n,\omega}(\alpha) = \begin{cases} 0, \ 0 < \alpha < 2\pi\\ 1, \ \alpha = 0 \end{cases}$$

But if m is Haar measure on  $\bar{Z}$  then

$$\hat{m}(\alpha) = \begin{cases} 0, 0 < \alpha < 2\pi \\ 1, \alpha = 0 \end{cases}$$

Thus  $\{\mu_{n,\omega}\}$  is an ergodic sequence. Now let S be a p-set of integers with p > 0, and let  $\{k_1, k_2, \dots\} = S \cap Z^+$ . We shall call the sequence  $\{k_1, k_2, \dots\}$  a psequence. Note that the asymptotic density of a p-sequence is p, since it is easy to verify that the sequence of measures  $\{\nu_n\}$ , where  $\nu_n$  puts mass 1/n on the first n integers is an ergodic sequence. Now we have

$$\lim_{n}\int_{Z} \chi_{s}(j)\mu_{n,\omega}(d_{j}) = \lim_{n}\frac{1}{n}\sum_{j=1}^{n}f(T^{j}\omega)\chi_{s}(j) = p$$

since S is a p-set, and hence

$$\lim_{n}\frac{1}{k_{n}}\sum_{j=1}^{n}f(T^{k_{j}}\omega)=p$$

Finally then

$$\lim_{n} \frac{1}{n} \sum_{j=1}^{n} f(T^{k_{j}}\omega) = \lim_{n} \frac{k_{n}}{n} \frac{1}{k_{n}} \sum_{j=1}^{n} f(T^{k_{j}}\omega) = 1,$$

since  $\lim_{n \to \infty} k_n / n = 1/p$ . We summarize in the

THEOREM. Let T be weakly mixing and let  $f \in L_1(P)$ . There exists a set  $\Omega'$  of probability one such that if  $\omega \in \Omega'$  we have

$$\lim_{n}\frac{1}{n}\sum_{j=1}^{n}f(T^{k_{j}}\omega)=\int_{\Omega}f(\omega)P(d\omega)$$

for every p-sequence  $\{k_1, k_2, \cdots\}$  with p > 0.

REMARK. If B is a continuity set for Lebesgue measure on T and  $\alpha$  is an irrational multiple of  $\pi$ , then as noted above, the sequence  $\{k_1, k_2, \dots\}$  is an l(B)-sequence, if  $k_i$  is the *j*th entry time of  $e^{ik\alpha}$  into B. Such sequences were called uniform sequences by Brunel and Keane [2]. They showed that if  $f \in L_1(P)$  and  $\{k_n\}$  is a uniform sequence then

$$\lim_{n} \frac{1}{n} \sum_{j=1}^{n} f(T^{k_{j}}\omega) = \int_{\Omega} f(\omega) P(\omega) \quad \text{a.e.}$$

Our results are more general since not every *p*-sequence is necessarily a uniform sequence, and more importantly, our set  $\Omega'$  of probability one does not depend on the particular *p*-sequence chosen. To see that not every *p*-sequence is a uniform sequence we shall refer to a remarkable example due to Katznelson [3]. In his paper Katznelson constructed a 0-sequence  $\{k_1, k_2, \dots\}$  which is dense in  $\overline{Z}$ . It follows immediately that this sequence cannot be a uniform sequence. Thus if  $\{k_1, k_2, \dots\}$  is a *p*-sequence for p > 0 and we take the union of this *p*-sequence with Katznelson's sequence we obtain a new *p*-sequence which is not a uniform sequence.

## 0-sequences

As noted above our theorem holds for p-sequences with p > 0. In this section we show by an example that it does not hold in general when p = 0. We shall need a result which we have not seen in print, but we are told is known to harmonic analysts. Let  $S = \{k_1, k_2, \dots\}$  be a lacunary sequence, i.e.  $k_{n+1}/k_n \ge \rho >$ 1,  $n = 1, 2, \dots$ . Then we have

LEMMA.  $m(\bar{S}) = 0.$ 

Since a closed set of measure zero is a continuity set for Haar measure it follows that every lacunary sequence is a 0-sequence. Now suppose T is weakly mixing but not strongly mixing. Let U be the associated unitary operator defined by  $Uf(\omega) = f(T\omega)$ , for  $f \in L_2(P)$ . Then we may choose  $f \in L_2(P)$  with the following properties:

- i) f is bounded,
- ii)  $\int_{\Omega} f(\omega) P(d\omega) = 0$ ,

iii) The spectral measure  $\mu_f$  of f is continuous and singular with respect to Lebesgue measure.

The spectral measure  $\mu_f$  is the measure on *C* with Fourier coefficients  $\hat{\mu}_f(k) = (U^k f, f)$ . The fact that such an *f* exists is an easy consequence of the fact that *T* is weakly mixing but not strongly mixing. Moreover we may choose *f* to be real. Then there exists a sequence  $\{r_n\}$  such that  $\hat{\mu}_f(r_n) \rightarrow 0$  and another sequence  $\{j_n\}$  such that  $\hat{\mu}_f(j_n) \ge \varepsilon > 0$  for  $n = 1, 2, \cdots$  for some  $\varepsilon > 0$ . This follows from the fact that on one hand  $\mu$  is continuous and on the other hand *T* is not strongly mixing. Thus by appropriately combining the two sequences and choosing subsequences we can find a sequence  $\{k_n\}$  which is lacunary and such

that  $(1/n)\sum_{j=1}^{n} (U^{k_j}f, f)$  oscillates infinitely often from above  $3\varepsilon/4$  to below  $\varepsilon/4$ . But then it follows from the bounded convergence theorem that  $(1/n)\sum_{j=1}^{n} f(T^{k_j}\omega)$  cannot converge a.e.

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